Discussion Points for Marriage: My Spiritual Path

1. Share an experience when you did the right or loving thing, even when you did not feel like it. What thoughts made you choose this way and what was the result?

2. Is it fair that I should have to do the right and loving thing if the other person in my relationship/marriage is not?

3. Why is my spiritual growth related to my learning to love others?

4. What does my religion or faith say that helps me stay on a spiritual path in learning to be the best spouse I can be?